

Pan de banano, or banana bread, is a common snack or dessert in Guatemala. Serve with chocolate or honey on top to make this treat even sweeter. Learn more about Guatemala with the World Edition!



Total time: 1 hour 30 minutes Active time: 20-30 minutes Servings: 1 loaf

Ι	ingredients
	$\cdot \frac{1}{2}$ cup sugar
	 2 cup butter, softened at room temperature
	 1 lb ripe banana (about 2 to 3 large bananas)
	• ½ tsp salt
	• 1 tsp ground cinnamon
	• 1 tbsp lemon juice
	• 1 egg, beaten
	• 1 ½ cups all-purpose flour
	• 2 tsp baking powder

Instructions

- 1. Preheat your oven to 350 degrees Fahrenheit.
- 2. Cream the softened butter with sugar in a mixing bowl until light and fluffy.
- 3. Mash the bananas and add them to the butter and sugar by stirring.
- 4. Add the salt, cinnamon, lemon juice and egg.
- 5. Sift the flour with the baking powder and slowly add it to the banana mixture, stirring gently.
- 6. Pour the batter into a greased loaf pan, approximately 9 by 5 inches.
- 7. Bake in the oven for 1 hour, or until a toothpick inserted into the center comes out clean.